



JOY-FILLED JANUARY

U3A DEEPDENE VACATION PROGRAM TIMETABLE

Coordinated by Anne Kemp

MONDAY 15 JANUARY <i>Travel talk:</i> <i>'Secrets of Egypt'</i> <i>Richard Hume</i>	TUESDAY 16 JANUARY Full Day - Holden Museum, Trafalgar	WEDNESDAY 17 JANUARY Mystery Walk with Beth Perrigo ASRC Feast for Freedom Lunch	THURSDAY 18 JANUARY TBA Movie@ Balwyn Cinema 10:30 - Coffee and Chat <i>The Baker and Me</i>	FRIDAY 19 JANUARY
MONDAY 22 JANUARY Craft Workshop - 2 weeks (at Balwyn Park Centre)	TUESDAY 23 JANUARY Half Day - Westgarthtown <i>Travel talk:</i> <i>'Alaska Coast to</i> <i>Coast and the</i> <i>Canadian Rockies'</i> <i>Hugh Bucknall</i>	WEDNESDAY 24 JANUARY Full Day - McClelland Sculpture Park and Gallery Albert Park Summer Walk with lunch at D'Lish	THURSDAY 25 JANUARY 10:30 - Coffee and Chat <i>East and Co</i>	FRIDAY 26 JANUARY Public Holiday
MONDAY 29 JANUARY Craft Workshop - 2 weeks (at Balwyn Park Centre) <i>Travel talk:</i> <i>'Tantalizing</i> <i>Turkey'</i> <i>Beth Perrigo</i>	TUESDAY 30 JANUARY <i>History talk:</i> <i>The Roman</i> <i>Garrison in Chester</i>	WEDNESDAY 31 JANUARY Half day Indigenous 'Scar Tree' Walk	THURSDAY 1 FEBRUARY 10:30 - Coffee and Chat <i>Bacinos</i>	FRIDAY 2 FEBRUARY Tour of Eastern Hill Fire Station with coffee or lunch at Café Ecco

JOY-FILLED JANUARY

Week 1: January 15 – 19

JJ 01 Travel Talk on zoom

Travel Talk zoom - Exploring the Ancient Secrets of Egypt

Hosted by Pam O'Brien; presented by Richard Hume.

Starting with a climb of Mt Sinai which led to a visit to Cairo and all its fascinating buildings and history, on to the Pyramids and beyond. Join Richard as he shares his wonderful experiences which included a train trip to the Valley of the Kings and a cruise along the Nile to the Aswan Dam.

Monday 10:30 – 12:00 January 15

Zoom

Places 100

JJ 02 Trafalgar Holden Museum. Led by John Gooding

Long before Australians drove the famous Holden cars this iconic brand had its name on saddles, buggies, golf clubs, pedal cars, trams and aero engines. From humble beginnings as a saddlery in Adelaide the Holden name quickly became synonymous with engineering innovation, industrial pride and Australian ingenuity.

The Trafalgar Holden Museum in Gippsland, Victoria, helps tell that remarkable story and celebrates Australia's Holden Heritage. Conveniently located close to the Trafalgar station, not far from the local hotel and cafes.

Meet John Gooding at Southern Cross Station at 9am in order to catch the 9.25 train from Platform 15 to Trafalgar - approximately 2 hours. Use your Myki card.

Option of lunch at The Criterion Hotel in Trafalgar, (average meal \$22 - \$30, own expense) and an enjoyable train ride back to Southern Cross. Anticipated return around 5pm.

Tuesday 9:00 – 5:00 January 16

Cost \$10 for Seniors **Payment required with enrolment**

Places 20

JJ 03 Up-Hill, Down-Dale with Beth Perrigo

This walk explores a variety of landscapes and passes interesting sights and sites. Enjoy a Seniors' lunch, only \$16, and continue meandering back to the start.

Meet at the Bandstand at Wattle Park at 10.30am. Parking available at Wattle Park Chalet; or PTV: tram 70 stop 60; bus 903, Ferndale St; buses 767, 768 and 281 Riversdale; and walk up the hill.

This is a circular walk. Don't forget your name tag and you will need your Seniors' card at lunchtime. Allow 1.25 hour walk pre-lunch, and a little less to return back to the starting point.

Wednesday 10:30 start January 17

Places 20

JJ 04 Asylum Seeker Resource Centre Lunch

Lunch catered by Asylum Seeker Resource Centre, at the home of Elizabeth and Matthew ETTY-Leal. A selection of Middle Eastern and Southeast Asian canapés and savouries, followed by sweets and coffee.

Wednesday 12 noon start January 17

Cost \$25 **Payment required on enrolment**

Places 20

Enjoy beautiful, interesting foods while supporting a very worthwhile cause.



Photos represent typical ASRC options, however these may vary on the day.

JJ 05 Movie - Balwyn Cinema

Program for this date not yet available. If you'd like to be kept informed, please register and we'll email you when the schedule is available (anticipated around 7/1/24). There will be the option for a coffee and cake afterwards 😊

Members purchase own tickets once choice of movie is advised.

Thursday Time TBC January 18

JJ 06 Coffee and a Chat

Does a regular coffee catch up appeal to you?

Heard the rumble? A few members have suggested a weekly coffee catch up would be a good and joyous thing to do in January. My thought is to try different cafes which not only gives us the chance to try new places, but also, different locales will suit different members. I will book a table for 14 people initially and see how we go.

Coffee and a chat!

Thursday 10:30 January 18

Venue: *The Baker and me*
308 Whitehorse Rd Balwyn

JOY-FILLED JANUARY

Week 2: January 22 – 26

JJ 07 Craft Workshop at Balwyn Park Centre with Yoko Yuasa

The ban on plastic shopping bags was a positive step towards assisting our planet. However, let's take it a step further and find a viable use for the never-ending number of plastic bags our food is packed in (such as frozen vegetables). Using discarded plastics and fibrous bags (such as JB Hi-Fi/Dan Murphy's bags). Yoko will inspire you to make useful baskets, bags and other household items.

Participants will need to bring approximately 10 clean used plastic bags of the more substantial plastic, such as frozen peas/frozen chips/coffee bag wrappers. Not bread bags/cellophane wrapper. Also bring long bladed scissors and a short stapler (from \$2 shop)

Week 1 will cover making straight sides.

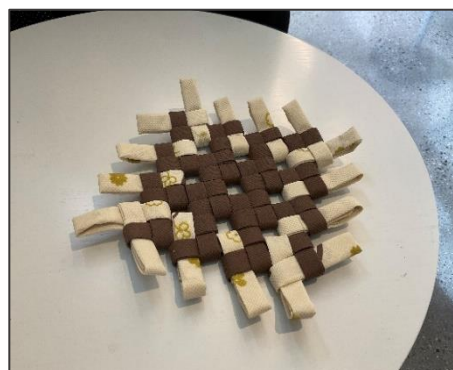
Week 2 will cover how to complete corners.

Once you have the technique you can make useful household items and gifts such as trivets, baskets, bags and many other inspiring options.



Tote bag (waiting on handles)

Approx size: 600mm high x 750mm wide



Trivet pad made from fibrous shopping bags

Approx size: 25cm x 25cm

(The photo sadly doesn't do the bag justice - it's a high gloss and the colours really pop!)

Monday 10:00 – 11:00 January 22, 29

Places 10

JJ 08 A morning at Westgarthtown

Westgarthtown, a Lutheran settlement dating back to the mid-1800s, is an outstanding example of a surviving 19th century German village, and its heritage sites are recognised as being of national and state significance. The Friends of Westgarthtown focus on protection, restoration and promotion of the bluestone farmhouses and outbuildings, along with the Thomastown Lutheran church, cemetery, and reserve.



Ziebell's original farmhouse and outbuildings are typical of German farmhouse design. They are the heart of Ziebell's original 102-acre farm, named The Pines, built between 1851 and 1856. The house and beautifully maintained gardens represent a German family's hope of a new life.

100 Gardenia Road Thomastown – approximately 45 minute drive from BPC

The guided tour will also include the Museum.

Tuesday 9:45 – 12:00 January 23
Cost \$10 (Tour and Morning Tea) **Payment required at enrolment**
Places 20

JJ 09 Travel Talk on zoom

Travel Talk zoom - Alaska coast to coast and the Canadian Rockies

Hosted by Pam O'Brien; presented by Hugh Bucknall

Wilderness and Grandeur are defined by the northwestern area of North America. Lakes, mountains and glaciers are abundant. Remote places historically accessed by foot and canoe, only opened up by ships, trains, planes and automobiles in modern times. These are 'Frontier Territories' with survival dependent on a perpetual competition between harsh climates, forces of nature, resource exploitation and conservation. And notwithstanding Indigenous and European occupation, it remains an Animal Kingdom.

Please join Hugh to hear his exciting presentation on this inspiring part of the world.

Tuesday 10:30 – 12:00 January 23
Zoom
Places 100

JJ 10 Visit to McClelland Art Gallery and Sculpture Park

Depart from Balwyn Park Centre at approximately 10:00am for a 45 minute drive to 390 McClelland Drive, Langwarrin. **Meet at 11.00am outside the entrance to the Main Gallery (allow one hour for travel).** Parking available on site. Led by Celia Dynon.

It is a beautiful place with a lake and large gardens with sculptures dotted around, plus an inside gallery.



Weather permitting, we will have a guided tour of some of the sculptures. However, no guiding is available if the temperature is over 30 degrees.

Harry's cafe on site. Please indicate if you want to have lunch at the café, as we will need to pre-book this. Alternatively, you could bring your own picnic.

If you wish to have lunch at Harry's Café, please tick the second box when you enrol.

Cost Entry fee: \$6.00 **Pay on the day**

Wednesday 10:00 – 12:00 January 24

Places 20

JJ 11 Albert Park Summer Walk with Elizabeth ETTY-Leal

Meet at 10.00 am at the Collins Street entrance of Southern Cross.

This walk will include a 30-minute stroll around Albert Park, including admiring St Vincent's Place and coffee in Victoria Avenue. Next, we walk for about 40 minutes along Beaconsfield Parade to Port Melbourne for lunch at D'Lish Fish.

Return home/city on the 109 tram.

Wednesday 10:00 – 12:00 January 24

Places 16

JJ 12 Coffee and a Chat

Does a regular coffee catch up appeal to you?

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Coffee and a chat!

Thursday 10:30 January 25

Venue: East and Co

182 Whitehorse Road Balwyn

JOY-FILLED JANUARY

Week 3: January 29 – February 2

(JJ 07 Craft Workshop at Balwyn Park Centre continues)

JJ 13 Travel Talk on zoom

Travel Talk zoom- Tantalizing Turkey

Hosted by Pam O'Brien; presented by Beth Perrigo

Our intrepid traveller shares with us her latest adventure to Turkey which will encompass historical buildings, ancient culture, diverse scenery, thriving metropolis, natural wonders, ways of life, the call to prayer and much more. This will be a fascinating presentation from Beth.

Monday 10:30 – 12:00 January 29

Zoom

Places 100

JJ 14 The Roman Garrison in Chester

History of the world around us on zoom

Presented by Gerald Hughes

Was Ireland to be part of the Roman Empire?

Gerald lived with his wife in Pulford near Chester before emigrating to Australia in 2017. Within walking distance from Pulford was Poulton, a settlement used by the Romans to supply fresh farm produce to the Garrison in Chester, transported by floating the supplies down the river.



The Chester Garrison was far larger than any other Roman settlement in England. It is believed that it was so important strategically in the governance of England, Scotland and Wales, that the Roman Commander for Britain was based in Chester. One hypothesis is that Chester was intended as a 'launch' centre for the Roman Empire to extend into Ireland.

Gerald's presentations are always well researched and extremely interesting - this promises to be yet another fascinating enquiry.

Tuesday 1:30 – 3:00 January 30

Zoom

Places 100

JJ 15 Indigenous "Scar Tree" Walk

Indigenous Walk, Melbourne. Meet at Koorie Heritage Centre, Federation Square - Level 3 Yarra Building at 9.45am. Led by Anne Kemp.

We invite you to join us on the guided Scar Tree Walk, a unique cultural experience that blends traditional and contemporary aspects of Aboriginal cultures and histories of the Kulin Peoples. Accompanied by one of our knowledgeable Cultural Experiences Guides, the tour starts at the Koorie Heritage Trust at Federation Square and leads you through the Birrarung Wilam (River Camp) Aboriginal art installations.

As you cross the William Barak Bridge, which spans Batman Avenue, you will gain insight into the historical significance of two prominent figures who have played a vital role in shaping the history of Naarm (Melbourne) for both the local Aboriginal peoples and settlers. Once you cross the bridge, you will enter a traditional Kulin Nation meeting place, which has become a significant contemporary gathering spot for not just Melbournians and Victorians today, but also internationally as a home for sports and events.



Here, you will learn about the ongoing local Aboriginal culture in the setting of major sporting events at the MCG, before culminating at the Scar Tree, a protected cultural heritage site. This site offers a glimpse into a 60,000+ year-old history and culture within a contemporary, modern setting.

The walking tour covers a distance of approximately 1.25km/1.5 – 2 hours.

Koorie Heritage Centre, Federation Square - Level 3 Yarra Building

Cost: \$16.50 **Payment required at enrolment**

Wednesday 9:45 – 12:00 **January 31**

Places 20

JJ 16 Coffee and a Chat

Does a regular coffee catch up appeal to you?

Heard the rumble? A few members have suggested a weekly coffee catch up would be a good and joyous thing to do in January. My thought is to try different cafes which not only gives us the chance to try new places, but also, different locales will suit different members. I will book a table for 14 people initially and see how we go.

Coffee and a chat!

Thursday 10:30 **February 1**

Venue: Bacos

1335 Burke Road Kew

JJ 17 Tour of Eastern Hill Fire Station

Meet at 10 00am, Eastern Hill Fire Station/Fire Services Museum, 39 Gisborne Street, East Melbourne. Led by Susie White, with optional lunch to follow.



Enjoy a fascinating guided tour of the Museum. Located in the former Headquarters Station of the Melbourne Metropolitan Fire Brigade, the award-winning Fire Services Museum Victoria was opened in 1979 to provide a home and focus for the history of firefighting services in Victoria. The Museum includes a collection of over 10,000 fire related items collected both nationally and internationally, and including Country Fire Authority, Melbourne Metropolitan Fire Brigade, and Fire Rescue Victoria fire appliances, personnel histories, memorabilia and associated items.

Highly recommended by our Photography Group is Café Ecco at 8 Nicholson Street, just around the corner. Lunch at own expense.

Cost: \$8 **Payment required at enrolment**

Friday 10:00 – 12:00 **February 2**

Places 20.